



ATENEODE DAVAO UNIVERSITY

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In consortium with Ateneo de Zamboanga University and Xavier University

COLLEGE TESTING & WELLNESS CENTER OFFICE OF STUDENT AFFAIRS

August 30, 2022

Dear Parents:

Peace!

The Office of Student Affairs and the Wellness and Testing Center (Guidance Center) of the Higher Education Unit of the Ateneo de Davao University will conduct a blended session for parents entitled **"Pagkalinga: Developing a Safe Space in Social Media"** on September 17, 2022 at the ADDU Jacinto, Martin Hall at 8:00 am to 12:00 noon. The session will focus on Social media and mental health and its legal aspects.

We are very much exposed to the advantages and disadvantages of social media including the effects on our children whose everyday life revolves around it. Although we know the convenience it brought to our lives, it has also become a cause of struggles and problems especially in the aspect of mental health. The legal aspects on the other hand will help us know our rights and our limitations for the responsible use of social media and protect our children from unpleasant experiences that may leave them scarred for life.

Since we are still on a pandemic, we cannot accommodate everybody onsite. Only the first 200 who will pre-register will be accommodated at the Fourth Floor, Martin Hall, ADDU Jacinto St., while the rest of the participants can view it via Zoom.

We hope that you could join us in this important occasion. The following are the pre-registration link for onsite and online.

1. ONLINE Pre-registration: <https://bit.ly/PagkalingaOnline>
2. ONSITE Pre-registration: <https://bit.ly/PagkalingaOnsite>

The pre-registration will run from Sept.1, 2022 to Sept 15, 2022.

For those who are attending onsite, please follow the University Safety and Health Protocols by wearing masks and observing social distancing at all times. Please see the attached Ecoteneo protocols on Single- use Plastics.

Thank you very much!

Sincerely yours,

Theresa Salaver- Eliab, MS, CSASS
Director
Office of Student Affairs
Higher Education Unit

Leah Cruza- Reparado, MS, RGC
Director
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Higher Education Unit

Noted by:

Gina Lapaza - Montalan, PhD
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